

Aquanaut (On Your Own)



Aquanaut is an elective adventure. If a Scout chooses to earn it, and missed the July 21 Den Meeting, please complete these tasks **prior to April 1, 2026**.

Tasks to Complete:

1. Read pages 107-113 in the Webelo Handbook and then complete the worksheet found here: <https://filestore.scouting.org>.
2. Read pages 114-115 and then you must do the reach and throw technique in a pool/body of water while your parent supervises. **Please have your photo taken while doing the reach and throw technique and send it to me.**
3. Read page 116 in the 2024 Webelo Handbook and then discuss the following questions with a parent:
 - What is hypothermia?
 - How do you know if someone might have hypothermia?
 - What do you do if someone with hypothermia is wearing wet clothes or shoes?
 - What do you do if someone with hypothermia is outside in cold weather?
 - How else can you warm up someone who might have hypothermia?
 - We are learning about swimming. What does hypothermia have to do with swimming?
4. Read pages 117-124 and then, under your parent's supervision, you must attempt to tread water and attempt the Swimmer's Test. You do not have to pass the test but you must try your best. **Please have your photo taken while attempting the Swimmer's Test and send it to me.**
5. Under your parent's supervision, free swim with a buddy (which can be your parent) for at least 30 minutes.

Email or text both required photos to me at webelospack13@gmail.com or 702-339-2401.